









Noboribetsu Onsen

A place that will warm your body and soul





Warm your body and soul at Noboribetsu Onsen

Feel the raw power of nature
at Jigoku-Dani (Hell Valley).

Indulge yourself in the area's
many outdoor hot spring baths.

After your dip, change into a
traditional yukata and take
a stroll along rustic old streets.

Discover all of this and more at
Noboribetsu Onsen.

A place that will warm both
your body and soul.





GU-TSU
GU-TSU

An onomatopoeia used to describe the sound of boiling water and often associated with the bubbling and gurgling geysers of Jigoku-Dani.

A trip to Jigoku-Dani (Hell Valley) is an adventure to a land known for its sulfur smells and where both steam and smoke erupt from the ground. This is why the area is known as Hell Valley. Despite the ominous name, however, Jigoku-Dani presents visits with many uniquely beautiful views in each of its four distinct seasons. In the spring its flowers, in the summer its lush old-growth forest, in the autumn its amazing fall foliage, and in the winter its snow covered peaks and lands.



Tessen-ike 鉄泉池 **MAP P6-A**

Tessen-ike is a steaming geyser located at the end of the Jigoku-Dani Scenic Walkway that illustrates the raw natural energy of the area.

Jigoku-Dani (Hell Valley) 地獄谷 **MAP P6-A**

Jigoku-Dani is a valley formed in an explosion crater from an eruption of Mt. Kuttara ages ago. The valley has a diameter of 450 meters that encompasses an 11 hectare area and was given the name Jigoku-Dani (Hell Valley) because of its countless steaming geysers, bubbling springs and blowholes. These natural spring waters are piped to the many hotels and traditional Japanese inns that dot the surrounding area.



Tip

Is the Noboribetsu demon actually a good demon?

The demon that is said to call Jigoku-Dani home is known as Yukijin. Yukijin is actually a good demon that prays for the fortunes of people and takes away their bad luck.



Oyunuma 大湯沼 MAP P6-B

Oyunuma is a gourd-shaped lake with a circumference of about one kilometer formed from an explosion crater of Mt. Kuttara that is one of the world's rarest and largest hot water lakes. At the bottom of the lake a sulfur spring gushes out at nearly 130 degrees Celsius making the surface of the lake between 40 and 50 degrees Celsius. Many years ago sulfur was mined from the bottom of the lake.



Oyunuma Brook 大湯沼川 MAP P6-C

The Oyunuma Brook originates from the hot waters of Oyunuma. The large trees, green foliage, steam and rays of sunshine give a mystical aura to the river.

Oyunuma Brook Natural Footbath

大湯沼川天然足湯 MAP P6-D

Located near Taisho Jigoku on the Oyunuma Scenic Walkway is a gushing hot spring and an all natural footbath that features rustic chairs and benches made of logs. The footbath area is a great place to take a break from your walk and take in the lush surroundings of the forest.

Oku no Yu 奥の湯 MAP P6-E

Oku no Yu is a 30-meter round pond that has a grayish-black sulfur spring gushing out from its bottom. The lake was formed from an explosion crater of Mt. Kuttara and has a surface temperature of 75 to 85 degrees Celsius.



A Wealth of Hot Spring Types

*Color depictions are for reference purposes only. *The color of hot spring water may vary depending on the bathtub type and season. *The efficacy of hot spring water varies person to person.



Sulfur Spring

硫黄泉



Sulfur springs are milky-white in color, feature a peculiar smell, and make it tough to produce lather with soap. Sulfur spring waters are known to help ease chronic bronchitis, hardening of the arteries, and chronic dermatitis.

Aluminum Spring

明ばん泉



Aluminum springs are most often found in volcanic zones. Aluminum spring waters are known to tighten the skin and mucous membranes, which helps ease symptoms of chronic skin disease, inflammation of the mucous membranes, athlete's foot and hives.

Salt Spring

食塩泉



Salt springs, or the most common type of hot spring in Japan, are colorless, taste salty and make it almost impossible to produce lather with soap. These springs are also known as *netsu-no-yu* (or springs of heat) because they retain heat quite well. Salt spring waters are known to help ease neuralgia, lower back pain and poor circulation.

Iron Spring

鉄泉



Iron springs contain more than 20mg of iron ions per 1kg of water, which when exposed to air oxidizes and turns a reddish color. Known for heating up the body quite well and sometimes metallic taste, iron springs help ease symptoms of anemia and chronic eczema.

Acidic Spring

酸性泉



Acidic springs have a pH of less than 3 and can sometimes irritate your skin. Acidic spring waters are known to help ease eczema symptoms because of its powerful disinfecting action. People with sensitive skin should wash their body with regular water after the bath.

Mirabilite Spring

芒硝泉



Mirabilite springs are a type of sulfate spring that is colorless and salty tasting. Mirabilite spring waters contain sodium which improves blood flow and in the process ease the effects of hypertension, wounds and arteriosclerosis.

Melanterite Spring

緑ばん泉



The negative ions in melanterite springs consist mainly of sulfuric acid ions, while the positive ions contain mainly iron ions. When exposed to air, melanterite springs oxidize and turn to a copper color. Highly acidic, melanterite spring waters also contain large amounts of minerals such as copper and manganese, and help to ease the effects of anemia and chronic eczema.

Alkaline Spring

重曹泉



The negative ions in alkaline springs consist mainly of hydrogen carbonate ions, while the positive ions include mainly sodium ions. Alkaline springs are also known as *bijin-no-yu* (or springs of the beautiful) because they help soften cornified layers of the skin and emulsify secretions, which eases skin conditions and sanitizes wounds.

Radium Spring

ラジウム泉



Radium springs, which typically contain thoron or radon, have been known since ancient times to ease a wide range of ailments. Radium spring waters have a strong sedative effect, and so are particularly effective at easing neuralgia, rheumatism and menopausal disorders.

Noboribetsu Onsen Area Accommodations and Day Spas

Hotel / Japanese Inn / Bath Name <Spring Type>	Telephone Number	Hotel / Japanese Inn / Bath Name <Spring Type>	Telephone Number
Sekisuitei ① 登別石水亭	● ● 0143-84-2255	Hotel Mahoroba ① ③ ⑤ ホテルまほろば	● 0143-84-2211
Boro NOGUCHI Noboribetsu ① 望楼NOGUCHI登別	● 0143-84-3939	Tamanoyu ① 玉乃湯	● 0143-84-3333
Kiyomizuya ① 御やど清水屋	● 0143-84-2145	Noboribetsu Grand Hotel ① ③ ④ 登別グランドホテル	● ● 0143-84-2101
Park Hotel Miyabitei ① 名湯の宿 パークホテル稚芽	● 0143-84-2335	Hotel Yumoto Noboribetsu ① ③ ⑤ ホテルゆもと登別	● ● 0143-84-2277
Hanayura ① 旅芽花ゆら	● 0143-84-2322	Noboribetsu Manseikaku ① 登別万世閣	● ● 0143-84-3500
Takinoya ① ③ ④ ⑥ 登別温泉郷 滝乃家	● 0143-84-2222	Hanaya ① 花鐘亭はなや	● ● 0143-84-2521
Takimoto Inn ① 滝本イン	● 0143-84-2205	Sagiryu ① ② 夢元 さぎり湯	● 0143-84-2050
Daiichi Takimotokan ① ③ ⑥ ⑦ ⑧ 第一滝本館	● ● 0143-84-2111		

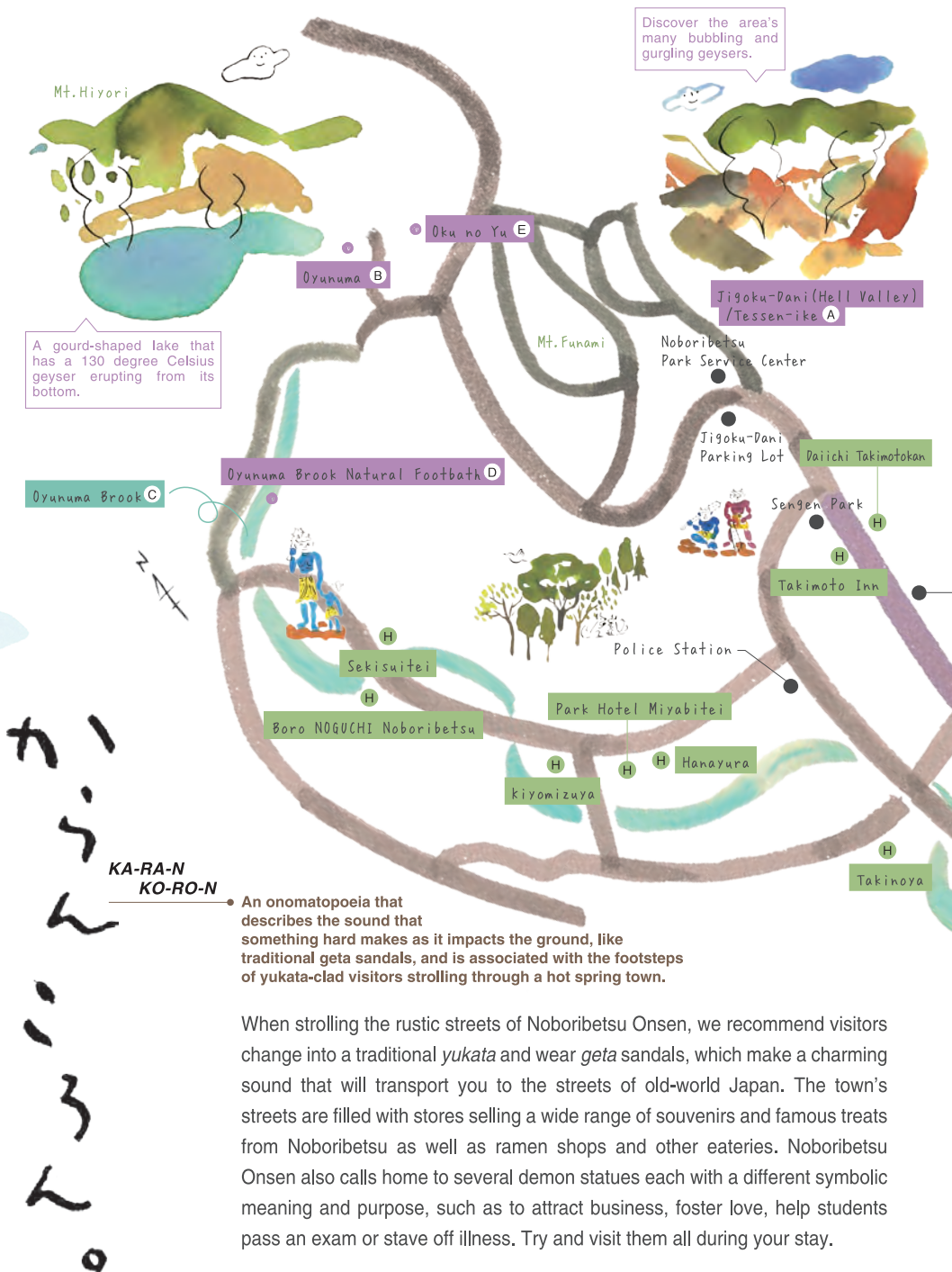
● = accommodations; ● = day spa facilities



Tip

Wildlife on the Streets?

Gokuraku Street features stone benches shaped like animals that live in Hokkaido including a horse, owl and sheep.



Discover the area's many bubbling and gurgling geysers.

A gourd-shaped lake that has a 130 degree Celsius geyser erupting from its bottom.

Oyunuma Brook C

Oyunuma Brook Natural Footbath D

Jigoku-Dani (Hell Valley) / Tessen-ike A

Sekisuitei H

Boro NOGUCHI Noboribetsu H

Park Hotel Miyabitei H

Kiyomizuya H

Hanayura H

Takinoya H

かきこ
KA-RA-N
KO-RO-N

An onomatopoeia that describes the sound that something hard makes as it impacts the ground, like traditional geta sandals, and is associated with the footsteps of yukata-clad visitors strolling through a hot spring town.

When strolling the rustic streets of Noboribetsu Onsen, we recommend visitors change into a traditional *yukata* and wear *geta* sandals, which make a charming sound that will transport you to the streets of old-world Japan. The town's streets are filled with stores selling a wide range of souvenirs and famous treats from Noboribetsu as well as ramen shops and other eateries. Noboribetsu Onsen also calls home to several demon statues each with a different symbolic meaning and purpose, such as to attract business, foster love, help students pass an exam or stave off illness. Try and visit them all during your stay.



Tip

Hot Springs are a Girl's Best Friend
Hot springs contain all natural ingredients that help cleanse and lighten skin.

Noboribetsu in the spring is known for its spectacular flower tunnel

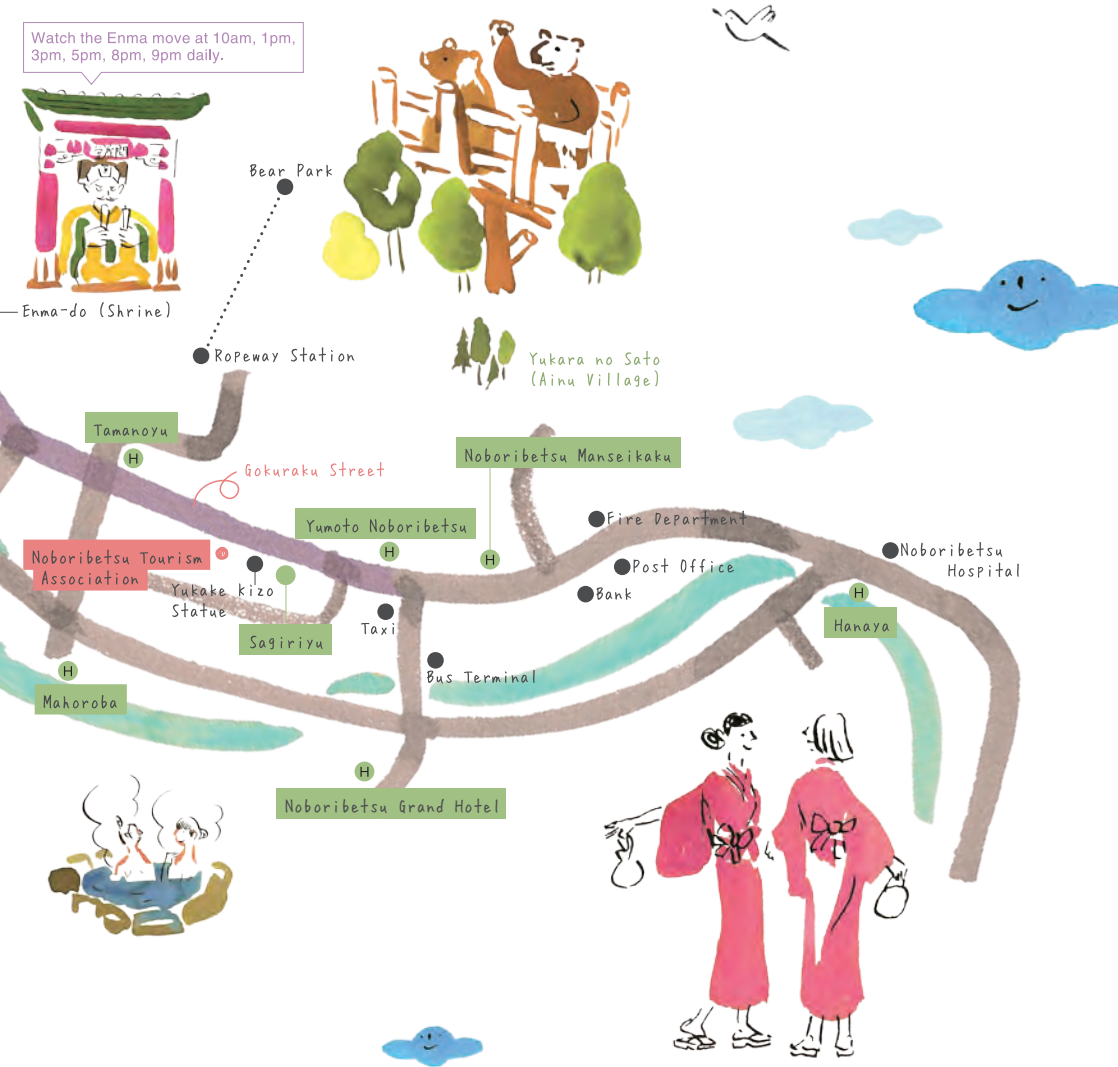


Noboribetsu Onsen Street, which leads up to onsen town from Noboribetsu Station, is also fondly known as "flower tunnel". This is because during the springtime an 8km stretch of the road is covered in a flower tunnel formed by 2,000 pink-blooming Sargent's cherry trees. Part of the road is also illuminated at night, providing visitors with the unique chance to go flower gazing at night.

Watch the Enma move at 10am, 1pm, 3pm, 5pm, 8pm, 9pm daily.



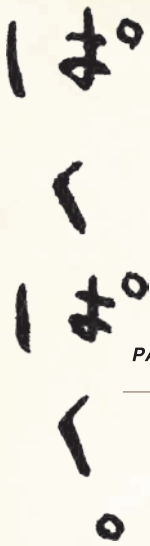
Enma-do (Shrine)



Tip

Enma Daio is the Star of the Local Festival

Enma Daio of Enma-do appears each year in the annual Jigoku Matsuri atop a large parade float.



PA-KU
PA-KU

In Noboribetsu Onsen you will find a number of great souvenirs including ceramic bells and masks designed after the local symbol of demons as well as sweets and desserts. In addition, Noboribetsu has a number of local favorite foods such as sweets made with fresh milk and ramen noodles made from Hokkaido-grown wheat. When visiting Noboribetsu Onsen be sure to check out not only the hot spring baths but also the many delicacies Hokkaido has to offer.

An onomatopoeia that describes when one is eating by continuously opening and closing their mouth and is associated with the idea of indulging oneself in delicious foods.



A Noboribetsu Onsen Local Specialty From Olden Days Wasabi-zuke Pickles

Torataro Fujisaki, the founder of Fujisaki Wasabi-en, launched the cultivation of *hon-wasabi* (Japanese horseradish). *Wasabi-zuke* pickles have been sold since 1915. It's a traditional product. The whole procedure of preparation—from cultivation to processing, from manufacture to sales—is conducted at Noboribetsu Onsen.

■ Fujisaki Wasabi-en (Noboribetsu Onsen-cho 49, Noboribetsu)
<http://www.marufuji-wasabi.jp/>



Why Didn't Anyone Think of This Combination Before?

Jigokuzuke Cod Roe

Ranbokke Cod Roe, made from Alaska pollock caught at the foreshore, is recommended as a Products in Noboribetsu Brand. The roe is delicately crumbled and soaked in a special kimchi sauce. The balance between the salty pollock roe and the spicy-sweet sauce is exquisite.

■ Onsen Ichiba, Agriculture and Fisheries Department, Kisendo Ltd.
(Noboribetsu Onsen-cho 50, Noboribetsu)
<http://www.onsenichiba.com/>



Noboribetsu has so much to be proud of: bounties from the land, bounties from the sea, and more!

Tomu-kun
(The Noboribetsu City promotional character)

A Bold Taste, with Wonderfully Bitter Highlights

Kin-oni Pale Ale

Kin-oni, an American-style pale ale with a rich, hoppy aroma, is distinguished by its fruity citrus aroma and bold bitterness. It won the grand champion award at the Japan Craft Beer Selection 2012.

■ Wakasaimo Honpo Co., Ltd.
(Naka-noboribetsu-cho 96-6, Noboribetsu)
<http://www.wakasaimo.com/>



A New Specialty Made Using Choice Local Ingredients Noboribetsu Milk Castella

Quality milk and eggs from Noboribetsu are mixed with Hokkaido flour and baked, for a castella sponge cake that is moist and has a mild flavor. It's recommended as a souvenir because of its adorable package.

■ Available at Kameya
(1st floor at Anis, Chuo-cho 4-11, Noboribetsu)



Tip

“Natural Footbath” is a stream of natural hot spring!

The air temperature and the weather affect the water temperature. Feel the real onsen with your feet surrounded with nature!



A Real Slow Burn!

Enma Ramen

Smooth, chewy noodles made from 100% Hokkaido wheat are a good match for the reddish soup. Our special spicy-hot miso soup has plenty of sesame. It's so delicious!

■ Mochizuki-Seimen, Inc.
(Shinei-cho 1-14, Noboribetsu)
<http://www.mochizuki-seimen.com/>



A New Sensation! It Looks Like Yogurt,
But It's Really Cheese!

Fromage Drink

Made from fresh, Noboribetsu unpasteurized milk, this cheese is drinkable. The high lactobacillus content makes it good for digestion. Preservatives-free, additive-free—it's ideal for breakfast, thanks to its yogurt flavor.

■ Noboribetsu Dairy Farm
(Satsunai-cho 73-3, Noboribetsu)
<http://www.rakunoukan.com/>



Natto in Straw Bundles Made with Great Care Wasabi-zuke Natto / Gekikara-spicy Natto

● Wasabi-zuke Natto

This *natto*, which is made with great care, comes with a Products in Noboribetsu Brand: *wasabi-zuke* pickles. The strong pungency of *hon-wasabi* (Japanese horseradish) is addictive.

● Gekikara-spicy Natto

The harmony of fine-grained fermented soybeans from Hokkaido and richly spicy red chili pepper produces a surprisingly delicious spiciness.

■ Donan Hiratsuka Shokuhin Co., Ltd.
(Horobetsu-cho 4-12-1, Noboribetsu)
<http://www.nattou.co.jp/>



Rich Cheese Made From Noboribetsu Milk Noboribetsu Cheese "New Bianca"

Taking advantage of the weather and climate of Noboribetsu and the quality of Noboribetsu Milk, this cheese is made from fresh, unpasteurized milk produced by local dairy farmers. The thick cheese offers a rich, deep taste with a creamy, melty texture. It's ideal for fondues and cheese sauces.

■ Noboribetsu Dairy Farm (Satsunai-cho 73-3, Noboribetsu)
<http://rakunoukan.com>



Game: Readily Available Venison flavored with soy sauce, miso or curry

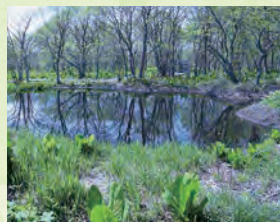
This canned venison was produced in the hope that Noboribetsu "Ezo shika" (Hokkaido deer) meat would be enjoyed casually. It can be enjoyed as a side dish or with drinks. It's also delicious when given a twist for use in pasta dishes or as a topping.

■ Department of Ezo Deer Meat, Ina Real Estate Co., Ltd.
(Chuo-cho 1-3-5, Noboribetsu)
<http://noboribetsu-ezoshika.com>

As of October 2017

Summer in Noboribetsu

Kiushito Wetland is a wilderness area in Noboribetsu. Some of the animals and plants that live here are listed in Japan's Red Data Book of threatened species. In 2001, the importance of the wetland was recognized and it was selected as one of the "500 Important Wetlands in Japan" by the Ministry of the Environment. It's behind the Sogo Taiikukan (multi-purpose gymnasium) in Noboribetsu City (Wakayama-cho). To visit this place, come to the desk of the visitor center. Various organisms inhabit the marsh. Firefly tours are held in late July.
Open mid April through mid November 9:30-17:00
Closed on Mondays (closed the day after a holiday when the holiday falls on a Monday)



Tip

Shops where souvenirs can be easily bought

Products in Noboribetsu Brand are also available at Anis and at the Wakasaimo Honpo Noboribetsu-higashi branch.

Noboribetsu *Yakisoba* (fried noodles)

Noboribetsu *yakisoba* (fried noodles) is a local specialty that's been served since April 16, 2015.

There are three rules for making it.

- ① Use flat noodles made from Hokkaido wheat.
- ② Use the secret sauce.
- ③ Use ingredients sourced from Noboribetsu or its environs.

Noboribetsu *Yakisoba* has been served at many restaurants. Each one serves its own interpretation of the dish, while following the rules above.



For seafood lovers
(Shirakaba in Manseikaku)



For meat lovers
(Katsukichi)



Sandwiched
(Café Upopo)



With starchy sauce
(Tsubohachi)



In a *manju* bun
(Hotel Mahoroba)



As an Omelet
(Ajitsubo)



In spring rolls
(Gu Choki Pa)



They're available at about thirty shops in the city.

Visiting Noboribetsu and looking for something to eat? Try this!

The ingredients are sourced from Noboribetsu and its environs.

The noodles have a springy texture. These and other ingredients are exquisitely mixed with a spicy sesame sauce, bringing you the ambiance of Noboribetsu.



Noboribetsu Yakisoba Crackers

This Japanese-style confection is deliciously flavored with a secret sauce. You're sure to be hooked on the roasted flavor and crispy texture. Why not get some as souvenirs?

■ Wakasaimo Honpo Co., Ltd.
(Wakayama-cho 2-29, Noboribetsu)
<https://www.wakasaimo.com/>



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WA-KU
WA-KU

Visitors will find the local demon symbol in a number of places throughout Noboribetsu Onsen. Some of examples include a giant welcome demon statue that stands 18 meters tall, a demon statue that prays for the prosperity of business, and a prayer chanting demon statue that can be traced back to the Edo period (1603-1867). When visiting Noboribetsu Onsen take some time to visit these symbolic figures located throughout the town.

An onomatopoeia that describes one's restlessness when anticipating something and can be used to characterize the town of Noboribetsu Onsen, which offers many interesting spots for visitors to discover.

Find all the demon statues



>Welcome Demon at JR Noboribetsu Station
JR登り駅前 歓迎鬼像



Enma-do (Shrine)
閻魔堂



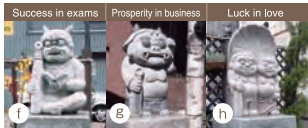
Welcome Demons
歓迎親子鬼像



Welcome Demon
歓迎鬼像



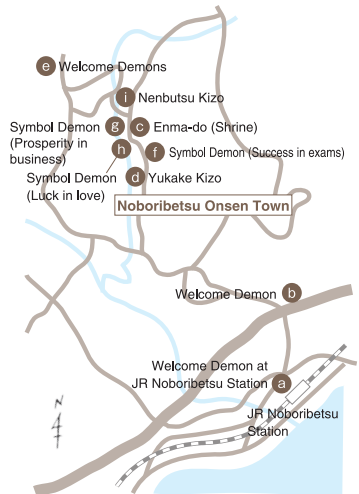
Yukake Kizo
湯かけ鬼蔵



Symbol Demons
シンボル鬼



Nenbutsu Kizo
念仏鬼像



Autumn in Noboribetsu, don't miss the sight of red foliage



Every year from early to mid October, Shin Noboribetsu Ohashi Bridge attracts large numbers of visitors in search of spectacular fall foliage. The view of the valley dressed in autumn colors from Hokkaido's one-of-a-kind-bridge, which spans 240 meters in length and 120 meters in height measured from the bottom of the valley, is an opportunity not to be missed. The bright red and yellow colors of azalea, lacquer, and maple leaves produce a picturesque, postcard image.



Tip

Illumination at Sengen Park

Every year from December to March Sengen Park is illuminated at night by lights. Experience a symphony of blue lights framed by steam from the geyser.

Forest Kozan Noboribetsu City Nature Center

Playing at the River, Trekking at the River

The mine area is at the upper reaches of the Horobetsu River, whose riverbed of green tuff is very beautiful. Enjoy yourself to the fullest by playing at the river, floating on the fresh stream and jumping from rocky outcrops into the river. River trekking is also popular. Splash your way upstream.

Time required: approx. 30–120 min.

Period: June to early Sept. (excluding closed days)

Contact us for details.



Mountain Biking

Feel fresh breezes while mountain biking on gravel trails through the forest in the mine area. Appreciating views of fresh water, you can extend your travel to Sandan-no-Taki Falls and the Kawamata Onsen hot spring district. Mountain bikes are rented out.

Time required: 60 min. or longer

Period: When the ground is free of snow (excluding closed days)

Contact us for details.

Skiing, Snowshoeing

Forest Kozan also offers winter activities. Strap on some snowshoes and explore the forest, or enjoy the natural splendor while gliding along on skies.

Time required: 60 min. or longer

Period: The snowy season (excluding closed days)

Contact us for details.



Forest Kozan has lots of nature activities. Enjoy them to your heart's content! Come visit us!



Inside the building of the Nature Center Forest Kozan is Ki-no-Omocha Hiroba, a place with wooden toys. The handmade wooden toys include a pool filled with wooden balls, as well as wooden horses, play house sets and wooden puzzles. This place, which once was a school classroom, has been renovated to give it the warmth of wood. Parents and their kids can spend time playing here.

A handmade climbing wall stands in the court at Forest Kozan. It's great for beginners. Children and adults alike can enjoy climbing. Climb to the top for an exceptional view!



A staff member at Forest Kozan
Mr. Yuya Sakurai



Noboribetsu Outdoor Activity Support Center Momonga Club

Kozan-cho 8-3, Noboribetsu

Phone: 0143-85-2569

Hours: 9:00–17:30

Closed: Mondays (or the following day if the Monday is a holiday) and Dec. 31 to Jan. 5

Open every day in July and Aug.

Contact us about fees and other details.

There are other activities.



Noboribetsu Gateway Center



Hell-walk in Darkness, a Nighttime Adventure

After dinner, we'll take you on a walk to a valley where hot spring water gushes out. When Noboribetsu Jigokudani (Hell Valley) is enveloped in darkness and the only illumination is from lights at the scenic overlook and along the walking path, the atmosphere is mysterious.

Time required: 90 min.
Meet-up area: You'll be collected at your hotel.
Period: year-round (except Dec. 30 to Jan. 3)
Each tour is for 2 to 30 people.



The Forest of Nupuripetsu: Seeing Hot Spring Sources

This walking path leads to the hot spring sources of Noboribetsu Onsen, including Jigokudani and Oyunuma, and to the Noboribetsu Primeval Forest. Enjoy yourself at a natural footbath farther along the course. You can also enjoy "Nordic walking".

Time required: 150 min. (departures at 10:30 and 14:00)
Meet-up area: Sengen Park
Period: Mar. to Dec. (In the snowy season, see hot spring sources while snowshoeing.)
(except Dec. 30 to Jan. 3)
Each tour is for 2 to 20 people.

Snowshoe Trek to Rime Locations

We take you to Orofure Pass, which connects the Noboribetsu Onsen hot springs and Lake Toya. You'll be impressed by shimmering trees and mountains covered with snow and ice. Stroll through a magical world.

Time required: 150 min. (departures at 10:30 and 14:00)
Meet-up area: You'll be collected at your hotel.
Period: Dec. to Mar. (except Dec. 30 to Jan. 3)
Each tour is for 2 to 12 people.



Guided Trek through Hell at Noboribetsu Onsen (Jigokudani course / Footbath course)

The Jigokudani course offers you an easy but profound experience. You'll feel the breath of the Earth. The footbath course takes you to a great spot for foot-bathing. Enjoy soaking your feet in hot water from a natural hot spring.

Note: Please contact us for the departure time.



Noboribetsu Gateway Center

Noboribetsu Onsen Bus Terminal, Noboribetsu Onsen-cho
26, Noboribetsu
Hours: 8:30–18:00
Phone: 0143-84-2200
Contact us for fees and other details.
There are other activities.
We can arrange customized tours.

We await your visit to hot springs with good temperatures.



Staff members at Noboribetsu Gateway Center



Tip

A Noboribetsu reconciliation?

There's a saying in Noboribetsu: "Come separately but leave together." *Nobori* means "ascend" or "on the way to somewhere", and *betsu* means "separate". So the saying means that even if you arrive in Noboribetsu on bad terms with someone, you're sure to be on good terms by the time you leave.

ふむふむ。

FU-MU
FU-MU

Noboribetsu Onsen offers a year-round selection of festival and events. During the summer season visitors and locals alike can experience Jigoku-Dani (Hell Valley) illuminated at night as well as the exciting demons' fireworks displays, among other events. Noboribetsu's major festivals, including the Noboribetsu Jigoku Festival and Noboribetsu Onsen Hot Spring Festival, must be seen and experienced in person.

A simple phrase used to express understanding or consent. Visitors that experience Noboribetsu's many festivals and events often find themselves uttering "fu-mu, fu-mu."



● All year round

Demons' Fire Trail Magical and Mystical Valley

鬼火の路 幻想と神秘的の谷

Demons' Fire Trail is an event where footlights are used to light up Jigoku-Dani at night, providing a magical and mystical scene. (Daily sundown to 9:30pm)



● June to August

Demons' Fireworks

鬼花火

Blue and red demons appear with handheld fireworks that shoot out a column of sparks some 10 meters into the air. The highlight is the spectacle of falling sparks accompanied by the sound of gongs. Demons' Fireworks are held on Thursdays and Fridays during the summer.



● August

Noboribetsu Jigoku Matsuri

登別地獄まつり

The blue and red demons of Noboribetsu emerge together with Enma Daio (King of Hell) once every year on the final Saturday and Sunday in August to take part in parades and other events held on the streets of the town.

● September

Noboribetsu Fishing Port Festival

登別漁港まつり

Held on the second Saturday and Sunday of September, the festival is held to promote a safe and bountiful fishing season, and features a market with freshly caught salmon and other local seafood. The festival concludes with a thrilling fireworks display.



● February

Noboribetsu Onsen Hot Spring Festival

登別温泉湯まつり

Held each year on February 3rd and 4th, the festival is held in thanks of the area's hot springs and to offer prayers that the waters continue to flourish as well as guard against illness. The event venue features a thrilling wet-and-wild water fight using warm hot spring waters.



● March

Karurusu Onsen Winter Festival

カルルス温泉冬まつり

A winter festival held each year at the beginning of March at Sanlaiva Ski Area that features a parent-child bobsledding tournament and scavenger hunt in the snow, in addition to many other fun events.



Enjoy exhilarating skiing in Noboribetsu

Hokkaido is known worldwide for exhilarating skiing and high quality powder. Noboribetsu calls home to the Sanlaiva Ski Area, which offers runs perfect for all skill levels, from beginner to highly experienced expert. The ski area features seven courses and three chair lifts providing visitors with a chance to hit the slopes. The ski area also provides a wide range of rentals, including ski wear and equipment, so there is no need to lug your gear with you on your trip.



Daily Hot Spring Dips More Beneficial

Daily hot spring baths taken over the course of several days have proven effective in relieving fatigue and beautifying the skin.

Tip



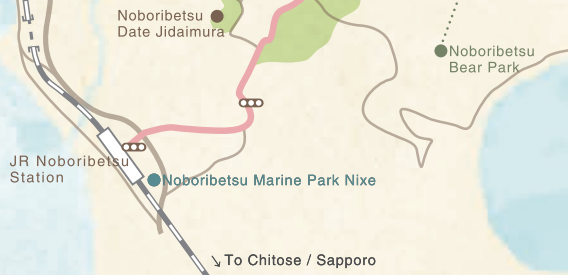
Nearby Theme Parks

Noboribetsu Date Jidaimura

登別伊達時代村

Noboribetsu Date Jidaimura is a historical theme park that re-enacts the townscape and culture of the Edo period Japan (1603-1867). The park features a variety of fun-filled attractions, including live-action ninja shows and historical plays.

10 minutes by bus from JR Noboribetsu Sta.
Tel.: 0143-83-3311



Noboribetsu Bear Park

のほりべつクマ牧場

Located on a hilltop overlooking Noboribetsu Onsen and accessible by ropeway, the Noboribetsu Bear Park houses around 100 bears that features a museum, viewing areas, and show.

5 minutes' walk to Ropeway station from Gokuraku Street.

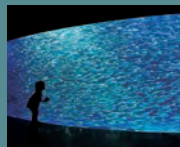


Noboribetsu Marine Park Nixe

登別マリンパークニクス

Noboribetsu Marine Park Nixe is an aquarium that re-enacts a townscape of Northern Europe highlighted by Nixe Castle, which was designed after an actual castle located in Denmark. The park also features shows like the penguin parade and dolphin performance.

A few minutes' walk from JR Noboribetsu Sta.
Tel.: 0143-83-3800



Please ask each park for more information including admission fees.

Hot Spring Bathing Etiquette

Before getting into the bath, first, pour hot water over your body (called *kakeyu*), then thoroughly clean your body using the shower area provided. Be sure to enter the bath slowly so as not to startle the people around you. Staying in the bath too long may cause light-headedness, so be sure that you do not overdo it. Be careful not to splash water on people around you when using the shower area. Clean your body in the shower area sitting down on the stool provided, not standing up. Wipe your body off with your towel before going to the change room.



Things to Remember!

- ① Don't use the hot spring bath after consuming alcoholic beverages
- ② Speak softly and don't make unwanted noise
- ③ Don't wear a swimsuit
- ④ Don't run in the bath area
- ⑤ Don't leave the shower or spigot running
- ⑥ Return stools and buckets to their original position
- ⑦ Don't ever jump or dive into the bath
- ⑧ Don't put your towel in the bath



Tip

Sulfur Springs Effective for Beauty?

The many sulfur springs located in Noboribetsu Onsen are said to contain minerals that detoxify the body, promote weight loss and improve bowel movements.

Getting Here

By Air

New Chitose Airport, the closest airport to Noboribetsu, has direct flights to Gimhae and Incheon in South Korea, Taoyuan in Taiwan, Beijing, Dalian and Shanghai in China, Bangkok, Hong Kong, Honolulu, Guam and Sakhalin. It also has frequent domestic flights to major cities such as Tokyo(Narita and Haneda), Osaka(Kansai), Nagoya(Chubu) and Fukuoka.

By JR Railways

Sapporo ⇄ Noboribetsu:	1 hr. 10 min. by limited express train
Hakodate ⇄ Noboribetsu:	2 hr. 15 min. by limited express train
New Chitose Airport ⇄ Noboribetsu:	50 min. by limited express train (transfer at Minami Chitose)
Muroran ⇄ Noboribetsu:	35 min. by local train
Tomakomai ⇄ Noboribetsu:	25 min. by limited express / 45min. by local train
Asahikawa ⇄ Noboribetsu:	2 hr. 30 min. by limited express train (transfer at Sapporo)

*From Noboribetsu Station, take a taxi or the Donan Bus bound for *Noboribetsu Onsen* or *Ashiyu Iriguchi*

By Bus

Sapporo Station ⇄ Noboribetsu Onsen:	1 hr. 50 min. by Donan Bus (via express way)
New Chitose Airport ⇄ Noboribetsu Onsen:	1 hr. 15 min. by Donan Bus (via express way)
Tomakomai Station ⇄ Noboribetsu Onsen:	1 hr. 10 min. by Donan Bus
Muroran Station ⇄ Noboribetsu Onsen:	1 hr. 15 min. by Donan Bus

*Visitors can also take the Sapporo Station-Muroran route and transfer at *Noboribetsu* to the local bus bound for *Noboribetsu Onsen* OR the New Chitose Airport-Muroran route and transfer at *Shiomizaka* or *Noboribetsu* to the local bus bound for *Noboribetsu Onsen*.

*Connecting shuttle buses available for buses leaving New Chitose Airport between 11:00am and 6:00pm at Noboribetsu Higashi Interchange-mae.

By Car

Noboribetsu Onsen

About 8km from the *Noboribetsu Ekimae Intersection* on National Route 36

About 6km from *Noboribetsu Higashi Interchange* on the Hokkaido Expressway

Karurusu Onsen

About 14km from the *Noboribetsu Ekimae Intersection* on National Route 36

About 12km from *Noboribetsu Higashi Interchange* on the Hokkaido Expressway

Kami Noboribetsu Onsen

About 8km from the *Noboribetsu Ekimae Intersection* on National Route 36

About 6km from *Noboribetsu Higashi Interchange* on the Hokkaido Expressway



Noboribetsu Tourism Association

60 Noboribetsu Onsen-cho, Noboribetsu City, Hokkaido
Tel. 0143-84-3311 / Fax. 0143-84-3303

Noboribetsu City Tourism Promotional Group

4-11 Noboribetsu Cyuou-cho, Noboribetsu City, Hokkaido
Tel. 0143-83-5301 / Fax. 0143-83-5302

<http://www.noboribetsu-spa.jp>

Learn how to make an origami *oni* (demon)

Japan is known for the art of origami, or paper folding. The *oni*, or demon, is a simple design for beginners.

Start off with a square piece of paper.

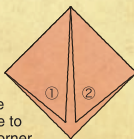
01

Fold it in half into a triangle



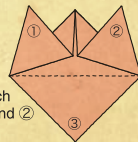
02

Fold the left and right side of the triangle to the bottom corner



03

Fold up each corner ① and ②



04

Next fold up corner ③ like so



05

Fold along the three dotted lines in step 4



06

Turn it over and draw the demon's face

